



# » Weekly Program Outline

## Week 1

### Confidence in Prayer

**Start your journey by discovering the incredible privilege of prayer.**

- Get to know the loving Heavenly Father who invites you to come to Him.
- Discover the amazing access we have to God because of Jesus' death and resurrection.
- Learn why you can pray with confidence—even when you don't feel confident.

## Week 2

### Meeting God in the Secret Place

**Experience the power of meeting with God personally and consistently.**

- Discover why a regular prayer time can transform your spiritual life.
- Learn the life-giving benefits of daily connection with God.
- Reflect on Jesus' teaching about meeting God in the "secret place."
- Create your own sacred space where you can regularly encounter Him.

## Week 3

### Intercessory Prayer

**Step into the powerful role of praying for others.**

- Learn what intercessory prayer is and why it matters.
- Explore Jesus' teaching and example of praying for others.
- Practice praying bold, faith-filled prayers together.

## Week 4

### Praying Scripture

**Let God's Word shape and deepen your prayers.**

- Discover the power and beauty of praying Scripture.
- Learn practical ways to incorporate Scripture into your daily time with the Lord.
- Experience a demonstration on how to pray Scripture.
- Receive a curated list of passages to help you get started.

Week  
5

## Confession

**Discover the freedom and renewal that come through biblical confession.**

- Explore the true biblical meaning of confession—deeper than you might expect.
- See how Scripture describes confession as a gift and spiritual blessing.
- Learn how to incorporate confession into your prayer life in a healthy, life-giving way.

Week  
6

## Listening to God

**Prayer isn't just speaking—it's listening.**

- Study the prophet Elijah's powerful example of hearing God's voice.
- Learn three practical disciplines that cultivate a posture of listening.
- Practice listening to God together in a guided time.

Week  
7

## Putting It All Together — A Prayer Life that Lasts

**Build a prayer life that sustains you for years to come.**

- Discover the core principles of a lifelong, sustainable prayer rhythm.
- Learn how to adapt your prayer life through changing seasons of life.
- Gain practical tools to get back on track when your prayer life gets off course.

Week  
8

## Celebration

**Celebrate the journey and what God has done.**

- Reflect together on how your prayer life has grown.
- Be encouraged by the stories and experiences of others in the group.
- Bring your remaining questions for Amanda.
- Close the course by praying together one final time.

